



THE PARISH NEWS



February, 2024

*First Lutheran Church
PO Box 218, 709 5th Ave
Washburn, ND 58577-0218*

Interim Pastor: Rev. Paul Krueger

Phone:

*701-462-3775 Church
701-462-3774 Parsonage
701-240-4712 Cell
701-462-3785 Fax*

E-mail address:

flc@westriv.com

Web-site address:

www.flcwashburn.com

CHURCH OFFICE HOURS:

*Tuesday, Thursday and Friday, 9:00 AM to
12:30 PM and 1:30 PM to 3:30 PM
Wednesday 9:00 AM to 12:30 PM*

OFFICE & NEWSLETTER EDITORIAL STAFF:

Jeannette Rost, Administrative Secretary

CUSTODIAN:

Jeff Schmidt

COORDINATOR OF STUDENT MINISTRIES:

Melissa Rothe

COUNCIL MEMBERS:

*Interim Pastor, Paul Krueger
Mac Beaudry, President
Joe Sheldon, Vice President
Janet Hanson, Secretary
Aaron Solomonson, Treasurer
Chris Albers, Property Trustee
Jeff Schmidt, Worship Deacon
Sarah Kadmas, Education Chair
Kacy Hardt, Evangelism Deacon
Julie Bentz, Stewardship Trustee*

**NEWSLETTER INFORMATION/
ARTICLES DEADLINE is 20th of each
month.**

Our Mission. . . “Working hand in hand to know Christ and make Christ known through Worship, Christian Education, Evangelism, Fellowship, Caring Ministries, and Service.”

“The Parish News” a monthly publication of First Lutheran, linking Church and members’ homes, is mailed from Washburn, ND 58577, Bulk Postal permit #39.



The Season of Lent

Wow, can Lent be starting so soon? Check your calendar, it is! Wow! So what is this thing called Lent? The history of Lent finds its roots in the early second century Christian church. These devout believers recognized the significance of Christ’s resurrection and wanted a way to be prepared for the Easter Celebration. They chose the 40 day period prior to Easter as their preparation time. During this time, they gave special attention to the sufferings of Christ, evaluated their life’s path in light of Christ, and often fasted and prayed.

Like those early believers, the season of Lent allows us the opportunity to gain some perspective and focus in our lives as we too give special attention to the sufferings of Jesus Christ and the wonderful forgiveness he brings.

To help facilitate this, each First Lutheran Family will receive a table-top sized cross on Sunday, February 11th, as part of this year’s Lenten journey. The cross will serve as a focal point for our mid-week Lenten worship services with a series titled, *The Places of the Passion*. Each Wednesday night worshippers will receive an additional object to add to their cross that reminds them of another facet of Christ’s sacrificial love.

I look forward to seeing you each Wednesday night and hope that you will take advantage of your time with God during this upcoming season of Lent.

Pastor Krueger

A PRAYER FOR LENT



Dear Christ, hasten to me. Release me from my sins. Free my arms from the chains of evil, that I may embrace you.

Lift the scales of ignorance from my eyes that I may see you. Why do you delay? What are you waiting for? You are my God and my Lord, you are my refuge and strength, you are my glory and my hope. In you I put my trust.

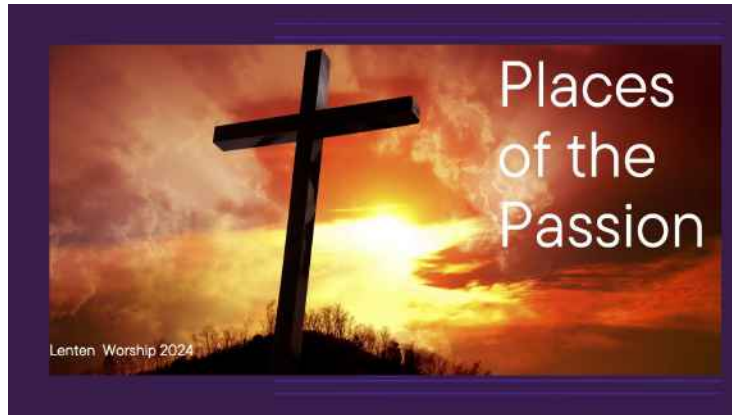
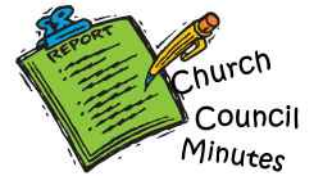
Dear Christ, hasten to me.

—Aelred of Rievaulx (12th century)



COUNCIL DID NOT MEETING IN JANUARY

(Please note that minutes are not approved until voted on by the council at the next meeting.)



Graphic credits go to Sarah Rosenquist

The proposed Lenten services, “The Places of the Passion,” is reflective, Lenten mid-week worship series, that takes worshippers on a journey with Jesus from “The Upper Room” to “The Cross of Golgotha” during the six weeks of Lent. Each mid-week theme finds its focus from a different portion of the Passion History, the unfolding story of Jesus suffering and death. Drawn from each of the four Gospels, a portion of Christ’s passion journey is read each week, building finally toward Holy Week.

To help build the six-week focus, a family also receives a small object to take home at the close of each evening’s worship service. These objects, one each week, provide a visual reminder of the events that happened in Jesus life as He endured a journey that would ultimately bring forgiveness and redemption for all mankind. Once home, these objects find their place on a wooden cross that each family receives on the Sunday before Ash Wednesday.

The Places of the Passion is a simple, devotional, mid-week service that allows believers to reflect upon Christ each week, and to take encouragement from the great work that Christ himself has done for each one of us.

Proposed Schedule:

THE PLACES OF THE PASSION

Week	Theme	Object for Remembrance	Message
Week 1 2/14	The Upper Room: A Place of Service	A Sponge	PK
Week 2 2/21	Gethsemane: A Place of Temptation	A Stone	PK
Week 3 2/28	The High Priest’s Palace: A Place for a Trial	A Purple Sash	Brent
Week 4 3/6	Pilate’s Court: A Place for A Substitute	A Coin	PK
Week 5 3/13	The Way of Sorrows: A Place of Tears	A Tear	PK
Week 6 3/20	Golgotha: A Place of Suffering	A Nail	PK

CALL COMMITTEE MEETING JANUARY 7, 2024 NOON

Present - Melissa, Kathy, Sarah, Donna, Randy Hall, Randy Hanson, Julie, Lexi, Emily, Chad, Caden, Joe and Pastor Paul came later.

Opened with a prayer.

Randy said we will be having a zoom meeting at 7pm on Tuesday the 9th with Rev. Shelly Schultz. She wants to touch basis with us to make sure we are on the same page and if we have any questions. If you aren't able to be there, there is a link to the zoom that Melissa sent everyone and Randy did think it was going to be recorded.

The group then went over the description that Randy typed up and changes were made to it. Randy did a great job. Thanks!

Randy said hopefully by next week both of our profiles will be posted and hopefully by February we can go through pastor profiles. He also would like to meet with the council in March to discuss some of the profiles.

Next meeting February 11th at Noon, we will be looking at some profiles that have already come in and maybe there will be more.

Closed with the Lord's prayer.

Submitted,
Julie Bentz



The Lenten season will soon be here. We are in need of groups to sign up to serve a Wednesday night meal. Serving is from 5:30 - 6:45 pm each Wednesday. You decide what you want to serve. Following is the schedule. If there is nothing beside the date, that means it is still available. Contact Jeannette in the church office ASAP to reserve your groups date.

February 21 - FLCW
Soup, Bread & Dessert

February 28 - FLY
Spaghetti, Garlic Bread, Salad & Dessert

March 6 -

March 13 -

March 20 -



Use one word (perhaps in different forms) for all the blanks to complete this Scripture passage:

“Dear friends, let us _____ one another, for _____ comes from God. Everyone who _____ has been born of God and knows God. Whoever does not _____ does not know God, because God is _____.”



- A. believe
- B. help
- C. love
- D. forgive

Answer: C (See 1 John 4:7-8, NIV)

**Join us on
February 21, 2024
5:30 pm - 6:45 pm
for**



and Dessert

Served by the FLCW

Free-will Offering - Everyone Welcome!

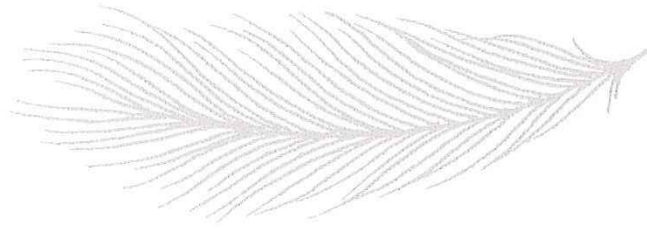


SPAGHETTI, SALAD,
GARLIC BREAD & DESSERT

February 28, 2024

5:30 pm ~ 6:45 pm

Served by First Lutheran Youth
Free-will offering
Everyone welcome!



Raising Hope Ministry

Sunday February 11th @ 2:00
First Lutheran Church Washburn

Hosted by:

Kellie Sheldon

All Hope Moms are welcome to come for fellowship and crafting. Please join us if you would like to create something special for someone who needs a little extra love.



We will be making Valentine wreaths and I will also have supplies available for creating bracelets.

***Thank you for your continued donations and support!*

YOUTH GROUP HAPPENINGS AND CONFIRMATION UPDATE

Melissa Rothe - Coordinator of Student Ministries fly@westriv.com



Confirmation: The confirmation students are going to be ushering during the Lenten services as well as the ninth-grade students are going to be sharing a bit during the service. Confirmation classes will pause during Lent and will resume on April 3rd. As a reminder, all confirmation students need to complete 15 sermon notes and 6 Lenten notes by May. Every month, I have been sending out an update to the family. If you have any questions, please contact Pastor Paul or Melissa.



Tie-Blankets: We are going to be doing a service project for the children's wings of the Bismarck hospitals. If anyone is interested in donating fleece or a tie-blanket kit, please contact Melissa.

Ski Trip: Due to the many events happening over President's weekend, we are planning on doing a day ski trip to Bottineau. We will leave about 6:15 am on Sunday, February 18th, and return home after the day of skiing. It will cost about \$60 for lift

ticket and rentals and you will need money for food. If you are interested in going, please let Melissa know by February 7th.

Lenten Meal: The youth group will be serving a Lenten Meal on February 28th. The youth will be asked to be at the church as soon as they can after 5 pm. We will serve from 5:30-6:45.

Dates to Note: *All other dates will be posted on Remind.*

February 7

Pizza Day

Last day to decide to go on the Ski Trip

Last confirmation until April 3rd

5:30-6:15 Meal

6:15-7:45 Confirmation

7:45-9:00 Youth Group

February 14

Ash Wednesday (7 pm - no meal)

February 28

Youth serving Lenten Meal

Every Wednesday night: 7:45-9:00 Youth Group

Question to ask the youth and kids in your life: What is Lent? Why is it an important part of the church year?

Pray for the Youth: Lord, help us to remember your sacrifice. Challenge us during this Lenten season. Help us grow in our faith and love towards you! Amen.



Education Report

Sarah Kadrmias



Hello!

Thank you to all the teachers and volunteers for providing a space to worship and learn each Sunday.

Thank you to the parents and grandparents for taking your children to Sunday school each week!

Thank you to the congregation for your continued flexibility and generosity with the youth of our church and community! It takes a (church) village to make all of this happen.

Remember that Sunday school students read in worship service the last Sunday of each month.

We are looking for readers on:

February 25

March 31

April 28

-Please let me know if your child would like to volunteer to read one Sunday. They will receive the readings several days in advance to review and practice. ☺ What a fun way to participate!

-Please sign up on the sheet in the basement by the Sunday school classrooms to volunteer. It's easy and your help is appreciated!

FLCW NEWS

FEBRUARY, 2024

Executive Board:

Co-Chairs:

Donna Gunderson
???

Secretary:

Marlys Knell

Treasurer:

LeAnn Richard

Growth (Confirmation & Graduation Tea and 3rd Grade Bibles):

Janet Hanson
Joan Holznapel

Committees:

Action (Quilts, LWR Kits):

Marlys Knell
LeAnn Richard
Gwen DeMontigny

Community:

Kathy Keller
Meals on Wheels
Lions Bake Sale
Alli Sheldon
Goodies From the Heart

Altar Guild:

Theresa Petersen

Audit:

Mary Ann Beeks

Camp of the Cross:

Peggy Moran

Decorating, Receptions/ Bulletin Board Decorating:

Donna Gunderson

Good Cheer:

Mary Ann Beeks

Kitchen:

Arlene Schwarz
Kathy Keller
Linda Zeller

Library:

Sharon Chrest
Sande Wagner
Norma Petersen
Arlene Schwarz

Prayer Chain:

First Lutheran Church
Jeannette Rost

Service Secretary:

Sharon Chrest
Donna Gunderson



Bless us with Love, O Merciful God; that we may show patience, tolerance, kindness, caring and love to all!

Thank you to Kathy Keller for chairing the January Meals on Wheels. Thanks to all who helped deliver meals.

Thanks also to the quilters! Please plan to help in February!

February Events

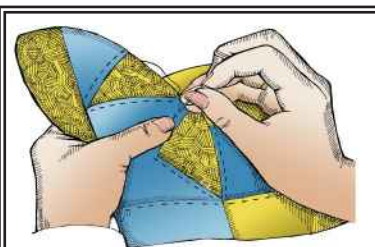
- 4 Lions Bake Sale - Kathy Keller Chairperson
- 12 Executive Board Meeting - 10:00 am
- 18 Secret Prayer Partner Tea - 2:00 pm Work Group 2 serves.
If you would like to be added to the list or removed from the list please contact Jeannette at the church office. Donna and LeAnn are in charge of the Tea.
- 21 Lenten Meal - All work Groups serve. Groups 3, 4 and 5 - Soup; Group 1 - Bars; Group 2 Bread, Crackers and Butter
- 22 Quilting 9:00 am
- 23 Quilting 9:00 am

There are still FLCW books in some of the mailboxes at church, Please check your mailbox!

Upcoming Events for March

- 11 General Meeting - 7:00 pm
- 28 Quilting - 9:00 am

Donna Gunderson, FLCW Co-Chair



QUILTING GROUP

February 22 & 23
9:00 AM

Women's Bible Study



Deborah Bible Study

February 15
9:30 AM

at the church

Cathy Sheldon &
Marlys Knell host

Please let your hostess know whether or not you will be attending each month.

Study is Tender Warrior - Lesson 2



GARDEN OF PRAYER

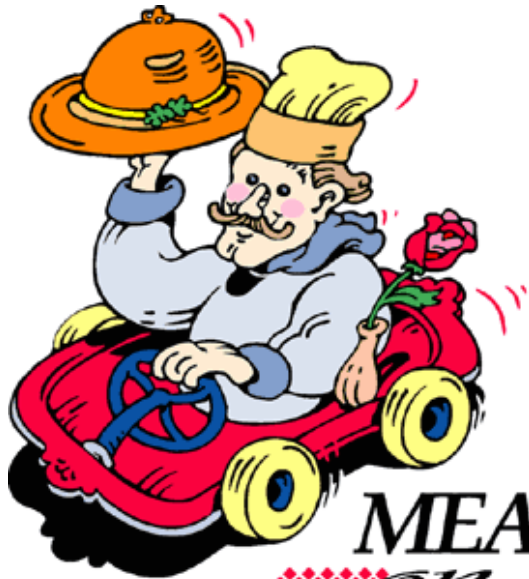
Secret Prayer Partner Tea
Reveal

February 18

2:00 PM

(Contact Jeannette in the church office if you would like to be added or removed from the Secret Prayer Partner list.

Also, if you will not be at the tea, please pick up your paper from Jeannette to fill out so your next prayer partner can receive the information the day of the tea.)



MEALS *ON* WHEELS BAKE SALE

A bake sale to benefit the local Meals on Wheels program will be held in conjunction with the Washburn Lion's breakfast on Sunday, February 4th at the Washburn Memorial Hall.

Please deliver your contribution of baked, plastic wrapped items to the Memorial Hall on Sunday morning, February 4th. Early donations can be dropped off at 8:00 am at the Memorial Hall.

They will also pick-up items on Saturday, February 3rd, if you cannot deliver them. Prices do not need to be marked. They will make suggested donations. Please identify the item(s) if convenient. If you are not a baker, you can support the cause by purchasing baked goods!

All of the bake sale proceeds are given to the Meals on Wheels program.

The Lions Club Breakfast will be served from 10:00 am - 1:00 pm.

They will be serving:
Ham, Scrambled Eggs, French Toast, Hashbrowns and Carmel Rolls.

Thank you everyone for your continued support.

CROSS OF ASHES



On Ash Wednesday, as Lent begins, worshipers' foreheads are often marked with ashes in the sign of the cross. The ashes traditionally come from burning palm branches from the previous Palm Sunday. In the Old Testament, ashes were a sign of mourning and repentance. Today, some worshipers wipe off the ashes before leaving church, to symbolize being cleansed from sin by Jesus' death; others wear the ashes the rest of the day, carrying the cross of Christ into the world. Reciting Genesis 3:19 often accompanies the placement of ashes: "you are dust, and to dust you shall return."



CONNECTED BY LOVE

God's Word is filled with messages about love, which connects us to God and to one another.

Directions: Draw a line from the beginning of each Bible verse (on the left side) through the heart to the rest of the verse (on the right side). Use the Scripture references for help.

- a. We
- b. Above all,
- c. My command is this:
- d. And over all these virtues put on
- e. Greater
- f. See what great
- g. There is no fear in



- 1. each other as I have loved you. John 15:12
- 2. has no one than this: to lay down one's life for one's friends. John 15:13
- 3. But perfect love drives out fear. 1 John 4:18
- 4. each other deeply, because love covers over a multitude of sins. 1 Peter 4:8
- 5. the Father has lavished on us, that we should be called children of God! 1 John 3:1
- 6. because he first loved us. 1 John 4:19
- 7. which binds them all together in perfect unity. Colossians 3:14

GOD-SHAPED HOLE



Have you ever neared the completion of a jigsaw puzzle, only to discover that a piece or two is missing? That's an apt visual for what it's like to live without God. Blaise Pascal, a 17th-century philosopher, observed: "There is a God-shaped vacuum in the heart of each man which cannot be satisfied by any created thing but only by God the Creator, made known through Jesus Christ."

Centuries earlier, St. Augustine proclaimed "Thou has made us for thyself, O Lord, and our hearts are restless until they find their rest in thee." And in the Old testament, the writer of Ecclesiastes expounded on the meaninglessness of earthly striving and material pursuits. Only God's Spirit can fill our emptiness and satisfy our eternal longings.

"I have come that they may have life, and have it to the full," says Jesus in John 10:10 (NIV). He alone provides the solution for emptiness. What comfort to be filled with — and to find our fulfillment in — our Savior!

PIZZA DAY - January 3, 2024 - 89 YOUTH SERVED
Thank you to our volunteers!
Thank you also to Kathy Key, Manager of Dakota Farms
for donating the Scotcharoos.





FEBRUARY WORSHIP VOLUNTEERS

SUNDAY USHERS/GREETERS - 9:30 AM

4 - Nadine Berger & Candace Wieger
11 - Wes Sauer & Audrey Pauling
18 - George & Val Swanson
25 - Sharon Chrest & Mary Ann Beeks

ACOLYTES

4 - Chloe Erber & Tanner Fiedler
11 - Donavin Vetter & Gracie Omlid
18 - Jaxon Solomonson & Brianna Torres
25 - Brooke Knutson & DJ Winter

SUNDAY SCRIPTURE READERS

4 - Alexis Solomonson
11 - Donna Sommer
18 - Drew Petersen
25 - Sunday School

COMMUNION ASSISTANTS

4 - Alexis Solomonson, Melanie Beckman,
Jeff Schmidt

ALTAR CARE

Brenda Suckow & Peggy Moran

VIRTUAL SERVICE TECHS

4 - Kyle Albers
11 - Melissa Rothe
18 -
25 - DJ Winter

COFFEE HOUR SERVERS

4 - Deb Wisdom & Joan Holznagel
11 - Donna Gunderson
18 - George & Val Swanson
25 - Sharon Chrest & Dan Chrest

WEDNESDAY LENTEN WORSHIP

USHERS/GREETERS

FLY all Wednesday Services during Lent

ACOLYTES

14 - McKayde Baumann & Haylie Bentz
21 - Rebecca Scheresky & Miley Blackaby
28 - Carter Engesser & Chloe Erber

SCRIPTURE READERS

14 - Peggy Wollmuth
21 - Jeff Schmidt
28 - Rick Richard

COMMUNION ASSISTANTS

14 - Peggy Wollmuth, Val Swanson,
Emily Retterath

VIRTUAL SERVICE TECHS

14 - Wade & Stacy Boeshans
21 - Nate Fiedler
28 - Kyle Albers

SERVICE GROUP COORDINATORS

Terry & Donna Gunderson
Dwight & Margaret Rasmussen

CONFIRMATION CAFÉ SERVERS

JANUARY

31 - Jim & Kathy Kaiser

FEBRUARY

7 - Brent & Theresa Petersen

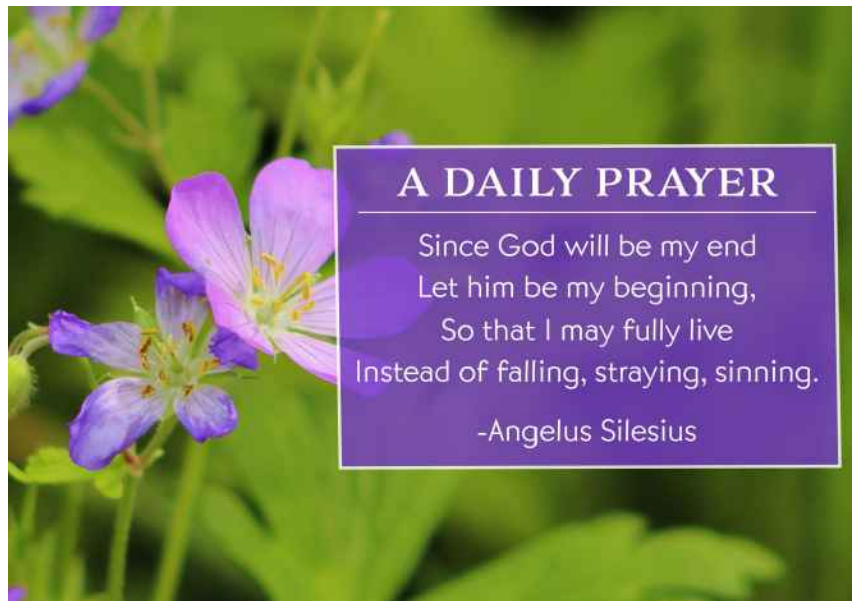


Altar Flowers

A signup sheet is on the table in the narthex for altar flowers thru May 26.

Sign up for the Sunday you wish for before it is taken.

Remember, you furnish the flowers and make sure they get to the church.



A DAILY PRAYER

Since God will be my end
Let him be my beginning,
So that I may fully live
Instead of falling, straying, sinning.

-Angelus Silesius

EVANGELISM



Evangelism
OPPORTUNITIES

The lists for ushers has been updated. There were nine groups and now there are six, so each group will be responsible for two months out of the year with the months rotating each year. The reason for the change was to provide more choices for the coordinators when looking for ushers. There are also two coordinators for each group. My goal was to have all our local members in a group. If you have been missed, I sincerely apologize. Please let the office know, and you will be assigned to

a group. Also, if you have an updated phone number, please let the office know so our records can be updated. Thank you all for your willingness to say yes when called by the coordinators to assist with the church service. ***Also, please call the coordinator ahead of time and volunteer for a Sunday that works for you.***

GROUPS	Year 2023	Year 2024	Year 2025	Year 2026
1	Jan./July	Feb./Aug.	March/Sept.	April/Oct.
2	Feb./Aug.	March/Sept.	April/Oct.	May/Nov.
3	March/Sept.	April/Oct.	May/Nov.	June/Dec.
4	April/Oct.	May/Nov.	June/Dec.	Jan./July
5	May/Nov.	June/Dec.	Jan./July	Feb./Aug.
6	June/Dec.	Jan./July	Feb./Aug.	March/Sept.

GROUP 2 - MARCH

Coordinators:

Emily Retterath, Suzy Jacobson, Beth Knutson

Mike Aull

Brian & Sandi Erber

Adam & Laura Flegel

Hank Helm

Dwayne & Jenny Helmers

Erin Holznagel

Lauren & Lavonne Hunze

Keith & Suzy Jacobson

Rhonda Johnson

Kathy Key

Jacob & Rani Knecht

Aaron & Beth Knutson

Sharon Kornack

Cody & Brittany Kroll

Tana Larsen

Orlin & Ivadell Larson

Robert & Cindy Leidholm

Jeneen Loe

Mark & Denise Loutzenhiser

Jackie Olson

Kristi Olson

Wayne & Julie Peterson

Chris Pfeiger & Andrea Sumner

Owen & Kim Price

Luke & Emily Retterath

AJ & Kara Richards

Melissa Rothe

Glenda & Sarah Scholl

George & Laurie Sheldon

Justin Sheldon

Alyson Teigen

Arden & Sande Wagner

Craig & Patty Winn

GROUP 3 - APRIL

Coordinators:

Rick & LeAnn Richard

Randy & Janet Hanson

Brandon & Haley Anderson

Jamie Baumann

Wade & Stacy Boeshans

Cathy Bonsness

Chelsey Brandt

Matt & Laura Gardner

Randy & Janet Hanson

Ken & Maybell Job

Lee & Melissa Kugler

A.J. & Doddie Kuntz

Brandon Lazier

Brian & Janet Lazier

Cassie Leidholm

Russ & Terri Leidholm

Wayne & Carol Leidholm

Tom Merkel

Camden Moran

Peggy Moran

Alice Richard

Matthew Richard

Rick & LeAnn Richard

Chris Samuelson & Suzanne Swanson

John & Helen Samuelson

Brianna Saylor

Eric & Sherry Schmitz

Joe & Kellie Sheldon

Misty Stockert

Jordan Swanson

Gary & Cindy Thiel

Mitch & Kristi Wachendorf

Linda Wohlk

THANK YOU

- ☺ Thank you Melanie Beckman and Linda Wohlk for helping tape the January newsletter for mailing.
- ☺ Thank you Melissa Rothe for making sure we had YouTube Live this past month.
- ☺ Thank you to the following for so graciously serving a meal to our confirmation youth and helpers: Kim & Brenda Ankenbauer, Diane Blumhagen, Brenda Suckow, Claudette Ness and Steve & Peggy Wollmuth.



- ☺ Thank you Rick Richard for filling in for Pastor Paul Krueger on Sunday's when he could not be here.
- ☺ Thank you First Lutheran Family for all your prayers, cards and memorials given in the name of my brother, Arlo Omoth. They were all greatly appreciated.

Thanks again.
God Bless

Jeneen Loe

- ☺ Thank you for the kind words, prayers and memorials on the death of my sister, Norma Renner Fried. We have a wonderful and caring church family.

Terry & Donna Gunderson and family

- ☺ Thank you to the following for helping deliver Meals on Wheels in January: Roth Borlaug, Elmer and Arlene Schwarz, Maybell Job, Larry & Kathy Keller and Dick & Carla Bickert.

Please be Praying for...

The following people were prayed for by request at worship from Sunday, December 31 - Sunday, January 21. If we missed you or your loved ones, or your prayer requests, please accept our apologies.

Please let the church office know before you enter the hospital for planned surgeries, during any hospitalization, or about your illnesses and any special needs that we may pray for you.

- ◆ Family of Dean Vetter on his death
- ◆ Family of Darlene Holznagel on her death
- ◆ Mike Howes, Sadie Bloom & Baby
- ◆ Family of Elaine Renfrow on her death
- ◆ Family of Donovan Moran on his death
- ◆ Family of Marilyn Bergiman on her death
- ◆ Dean Vetter
- ◆ Kyleah Vassar
- ◆ Tom Neary
- ◆ Judy Beaudry
- ◆ Don Brewster
- ◆ Alton Krebsbach
- ◆ Melisa Chrest
- ◆ Howard Johnson
- ◆ Karen Goehring

Military Prayer and Card List

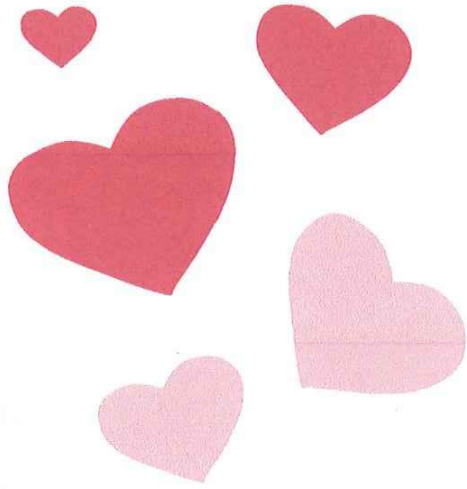
We pray for the Men & Women in our Military who protect our country, especially those assigned to serve overseas or away from home.

Members of First Lutheran on Active Duty in The Military and the National Guard:

- ◆ SGT Bryce Rost – Army National Guard
- ◆ SPC Olivia Retterath - National Guard - Deployed
- ◆ SPC Christian Gardner - Army National Guard
- ◆ SPC Cassidy Sommer - National Guard
- ◆ SPC Jonathan Melvard - Army National Guard

Friends and Family on Active Duty in the Military and in the National Guard:

- ◆ SGT Dustin Enockson – National Guard
- ◆ Emily Johnson - Air Force
- ◆ Bryar Anderson - Marines
- ◆ 1SGT Jordan Ternes - Army National Guard
- ◆ TECH SGT Andre Austin
- ◆ Hunter Feigum - National Guard
- ◆ Morris Duffy - Medical Air Guard
- ◆ Brandon Searcy - Navy - Deployed
- ◆ Adam Walsvik - National Guard



Super Sunday Supper

Sunday, February 25th, 2024
4:00 pm to 6:00 pm

First Lutheran Church
709 5th Avenue, Washburn

Everyone is Welcome to Attend!!!

Questions or Schedule a Meal Delivery:
Call: Judy: 701-220-4410
Rhonda 701-315-0656



Free-Will Offering

Puzzle!

After solving the equations, write the words on the correct numbered lines below. Complete Ephesians 1:3 (NIV) to discover how God shows his great love for us.

- 14 - 7 = ___ Father
- 10 + 9 = ___ heavenly
- 9 + 9 = ___ the
- 12 + 12 = ___ blessing
- 2 - 1 = ___ Praise
- 7 + 7 = ___ has
- 11 + 11 = ___ every
- 13 + 13 = ___ Christ
- 8 + 8 = ___ us
- 10 + 10 = ___ realms
- 8 + 9 = ___ in
- 5 + 5 = ___ Lord
- 10 + 11 = ___ with

- 10 + 15 = ___ in
- 10 - 5 = ___ God
- 6 - 3 = ___ to
- 12 - 6 = ___ and
- 6 + 6 = ___ Christ
- 18 - 9 = ___ our
- 22 - 11 = ___ Jesus
- 1 + 1 = ___ be
- 7 + 6 = ___ who
- 2 + 2 = ___ the
- 10 + 5 = ___ blessed
- 4 + 4 = ___ of
- 10 + 13 = ___ spiritual

1 2 3 4 5 6

7 8 9 10 11 12

13 14 15 16 17 18

19 20 21 22

23 24 25 26

Ephesians 1:3, NIV

SPRING TRAINING FOR CHRISTIANS

The word Lent comes from Middle English and German words for springtime. In light of the start of baseball season, some people call the pre-Easter season "spring training for Christians." This fresh perspective moves away from the flawed understanding that Lent must be somber, or that giving something up for Lent is punishment for sin or a way to earn God's favor.

As people of faith, we should never take a season off. But every so often — at least once a year! — we do well to examine where we need to get back in shape spiritually. Perhaps we will indeed opt to give something up: that swearing habit, sleeping in on Sundays, or the cost of a weekly treat so we can donate the money instead. Or maybe we'll take on something new for Lent: a Bible study, prayer routine or service project.

Hebrews describes spiritual discipline as challenging in the moment but yielding righteousness later. The writer urges us, "Lift your drooping hands and strengthen your weak knees ... so that what is lame may not be put out of joint but rather be healed" (12:11-13, ESV). May the spring training of Lent strengthen and heal us all.

THE REALM OF THE IMPOSSIBLE

The wonderful thing about praying is that you leave a world of not being able to do something and enter God's realm, where everything is possible. He specializes in the impossible. Nothing is too great for his almighty power. Nothing is too small for his love.

—Corrie ten Boom

CAMP OF THE CROSS NEWS

February 8	Giving Hearts Day
February 17	POP-UP Bible Journaling Class
February 21-25	Crafting Retreat
February 25	CCM Annual Meeting
March 8-10	Being & Becoming: Exploring the Enneagram
March 13-17	Crafting Retreat
April 5-7	Youth Spring Mega Bash 4 th -9 th Grades
April 17-21	Crafting Retreat
June 15	Prairie Lake Festival

- CRAFTING RETREATS – Join scrapbookers, stampers, quilters, cardmakers, etc. for this fun event! Share projects, ideas, devotions, and lots of FUN! The food is homemade and delicious, and great memories are created each day!
- POP-UP BIBLE JOURNALING CLASS – led by Gracia Johnson
- BEING & BECOMING: EXPLORING THE ENNEAGRAM – Personality influences our perspectives, decisions & behaviors and how we “show up” in the world. This weekend retreat will introduce you to the Enneagram, a tool which helps us understand personality through the lens of 9 different types/styles. The Enneagram brings to light the gifts and limitations of each style and illustrates how these styles interact to create our unique personality. Through interactive activities, learning & conversation, we’ll explore why we think like we do, act like we do & what motivates each style as we deepen our self-understanding and self-awareness, which in turn leads to greater compassion, authenticity and empowerment.
- **GIVING HEARTS DAY** – February 8 – CCM is participating in this fundraiser with a goal of \$70,000 in honor of celebrating 70 years of

ministry in 2024. These funds will be used to renovate the Hill Cabins. This can be done by sending a check dated February 8, 2024, to the camp so they have it by February 8. Another method is online through GivingHeartsDay.org.

CCM will be celebrating 70 years in 2024 – watch for any special events honoring that! Let the staff know if you have any special memories of the camp.

CCM ANNUAL MEETING – It will take place Sunday, February 25, 2024, at 2:00 pm at St. Paul Lutheran Church at Garrison, ND. Please let Peggy Moran, Sharon Nelson, or the First Lutheran Church office know if you are interested in being a delegate to represent FLC for this meeting.

SUMMER 2024 Registration is OPEN to explore who we are “CREATED TO BE”! Start planning for Summer 2024! Early bird discount registration deadline is April 1, 2024. I will be checking with groups for support to cover the camp fees.

SUMMER 2024 STAFF NEEDED – If you know of anyone – please let CCM know so they can be in contact with them. Staffing is one of the factors that helps determine the number of campers Camp of the Cross can accommodate at each session.

Thank you to EVERYONE for continuing to support OUR camp of the Cross, whether it be through a special appeal or on a regular basis!

Call 701-337-2246, Camp of the Cross office, for questions. Go to www.campofthecross.com to register or for more information.

Thank You
Peggy Moran

VALENTINE’S DAY JOKES FOR ANIMAL LOVERS

What did one sheep say to the other?
I love ewe!

And how did the other sheep respond?
You’re not so baaa-d yourself.

Why do skunks love Valentine’s Day?
They are very scent-imental creatures.

What did the enamored deer say?
I’m very fawn-ed of you!

What question did the penguin ask on February 14?
Waddle I do without you?

What do you call two birds in love?
Tweethearts!

What did one bee say to the other?
I love bee-ing with you, honey!



*Camping with Christ...
for Lives of Faith...*

Camp of the Cross Ministries
1228A 47th Ave. NW
Garrison, ND 58540
Voice & Fax (701) 337-2246
www.campofthecross.com

Greetings to you from Camp of the Cross Ministries!

We are so thankful and blessed at CCM by the many people who pray for us, participate in, and support our ministries. We are honored to provide a ministry to all ages that helps each person *"Live out their Lives of Faith!"*. Thank you as a constituent congregation for your support in our success!

CCM, during the year 2023, even though we continued to be challenged by the pandemic, had a profound influence in the lives of children, youth, young adults, and adults who were touched by our ministry. This could not have been done without our mission partner congregations like yourselves!

In March, we welcomed our new Executive Director, Deacon Janie Hague, and we are so excited for all that she has to bring to camp.

During the summer months, we welcomed campers, new and past attendees, to our site. The joy and excitement they brought this summer was extremely rewarding. Our camper numbers were up this summer! We had 100 new campers this summer, for a total of 323 campers. For the first time in two years, we were able to host a full summer of camp and not shut down early due to COVID.

We are already planning for the summer of 2024 with a similar program, and we are hopeful because of the success we had this past summer. Registration for Summer 2024 is open now!

The year-round retreat ministry for children, youth and adults began in January. We are now fully booked through January of 2025, which we are really excited about as we continue to move forward in ministry.

We were excited to celebrate and host many "friendraisers" and fundraisers this year. We had our work project weekends, Prairie Lake Festival, Scandinavian Supper, we held a booth during the Dickens Festival, and visited many congregations as you put on meals for us or hosted us in worship. We thank you all for partnering with us and continuing to share in our ministry together.

Thank you for praying for us and supporting us!
Your mission in Christ is especially important to us!



As of January 21, 2024:
As of the printing of this newsletter a 2024 budget has not been approved.

Our envelope giving is \$10,554.40.

The plate giving is \$795.00.

Thank you for your giving.



Our sympathy goes out to:

- ⇒ Elray & Lynette Sondrol and family on the death of Lynette's mother, Elaine Renfrow.
- ⇒ Peggy Moran and family on the death of Peggy's brother-in-law, Donovan Moran.
- ⇒ Orlin & Ivadell Larson and family on the death of Orlin's sister, Marilyn Bergiman.
- ⇒ Stephanie Holznagel and family on the death of her mother, Darlene Holznagel.
- ⇒ Tyler & Amanda Vetter and family on the death of Tyler's father, Dean Vetter.

May God give them comfort in this time of sorrow.

First Lutheran February Birthdays

Happy Birthday to the following First Lutheran members who have birthdays in February. We are sorry if we missed anyone this month. If your name has been missed, kindly report it to the church office so we can get your birth date for our records. Likewise, if we have printed your birthday and you do not wish to have it published in the newsletter, please let Jeannette know in the church office. We will remove it for next year. Thank you!



SUN	MON	TUE	WED	THU	FRI	SAT
				1 Suzy Jacobson	2 Adam Jorgenson Abby Tweeten	3 Kyle Smith
4 Jameson Bickert Tory Sheldon	5 Larry Keller Berandt Olafson Cade Richards	6	7 Deb Gourneau	8 Karen Rothmann Char Syverson	9 Breah Philbrick Marissa Welton	10 Donna Gunderson Joan Zimmerman
11 Willie Ziemann	12	13 Paula Anderson Harlee Patterson	14 Braydon Kraft Lee Weisgarber	15 Haley Anderson Gracie Patterson Pam Vollmuth	16 Madison Sommer	17
18 Maddie Baumann Wendy Goehring Kenady Hansen	19 Mary Ann Beeks	20 Chris Albers Joy Hanson Steve Wollmuth	21 Dick Olson Brianna Saylor	22 Ivadell Larson	23 Kevin Johnson Maeve Rasmussen	24 Tera Schirado
25 Tammy Nordquist Morie Sailer Sherry Schmitz	26 Hannah Chrest Matthew Pfeleger	27 Lily Fiegel Braydee Hanson Alli Sheldon	28 Dale Schell	29		

**Memorial Gifts Given to Special Funds
(Sunday, December 31 to Sunday, January 21)**

<u>Fund given to & by whom</u>	<u>In Memory of</u>
Building Fund	\$0.00
Camp of the Cross	\$0.00
Cemetery	\$0.00
Decorating	\$0.00
General Fund	\$375.00
Arden & Sande Wagner	Wilma Wiedrich
Arden & Sande Wagner	Norma Fried
John & Helen Samuelson	Wilma Wiedrich
Sharon Chrest	Linda Sorge
Francis & JoAnn Brunsell	Linda Sorge
Wes & Audrey Sauer	Marvin Stroh
Alton & Brenda Krebsbach	Clarence, Irene & Cody Krebsbach, Leland Grosz
Steve & Peggy Wollmuth	Elaine Renfrow
Steve & Peggy Wollmuth	Ron Greenup
Jeneen Loe	Linda Sorge
Jeneen Loe	Marvin Stroh
Sharon Chrest	Marilyn Bergiman
John & Helen Samuelson	Elaine Renfrow
Brad & Cathy Sheldon	Norma Fried
Brad & Cathy Sheldon	Mike Morris
Brad & Cathy Sheldon	Wilma Wiedrich
Brad & Cathy Sheldon	Robert Ellwein
Orlin & Ivadell Larson	Marilyn Bergiman
Tom Merkel	Linda Sorge
Tom Merkel	Marvin Stroh

<u>Fund given to & by whom</u>	<u>In Memory of</u>
Global Missions	\$0.00
LWR	\$0.00
Music	\$175.00
Wes Sauer	Linda Sorge
Terry & Norma Petersen	Elaine Renfrow
Terry & Norma Petersen	Marilyn Bergiman
John & Helen Samuelson.....	Marilyn Bergiman
John & Helen Samuelson.....	Donovan Moran
Pizza Day	\$0.00
Relief Missions	\$0.00
Sunday School	\$50.00
AJ & Doddie Kuntz (2 times)	Keith Kuntz
Super Sunday Supper	\$0.00
US/Local Missions	\$0.00
VBS	\$0.00
World Hunger	0.00
Worship	\$60.00
John & Helen Samuelson.....	Norma Fried
Rick & LeAnn Richard	Marilyn Bergiman
Rick & LeAnn Richard	Donovan Moran
Rick & LeAnn Richard	Elaine Renfrow





FEBRUARY 2024

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4 Fifth Sunday after Epiphany Holy Communion 8:30 AM Bible Study 9:30 AM Worship 10:30 AM Fellowship/Coffee Hour 10:45 AM Sunday School Fireside Bible Reading 7:00 PM AA Meeting Al-Anon Meeting	5	6 8:00 AM Men's Bible Study 10:00 AM Mommy's Group 6:30 PM Council Meeting	7 Noon - Pizza Day 9:30 AM Friendship Bible Study 5:30 - 6:15 PM Confirmation Meal 6:15 PM Confirmation 7:00 PM Bell Choir 7:45 PM Choir 7:45 PM FLY	8	9	10
11 Transfiguration of Our Lord 8:30 AM Bible Study 9:30 AM Worship 10:30 AM Fellowship/Coffee Hour 10:45 AM Sunday School Fireside Bible Reading Noon Call Committee Meeting 2:00 PM Raising Hope Ministry 7:00 PM AA Meeting Al-Anon Meeting	12 10:00 AM FLCW Executive Board Meeting 10:00 AM Chat & Sew Quilting	13 8:00 AM Men's Bible Study 10:00 AM Mommy's Group	14 Ash Wednesday Valentine's Day 9:30 AM Friendship Bible Study 6:15 PM Bell Choir 7:00 PM Ash Wednesday Worship w/Holy Communion & Imposition of Ashes 8:00 PM Choir 8:00 PM FLY	15 9:30 AM Deborah Bible Study at the Church	16	17
18 First Sunday in Lent 6:15 AM FLY Leaves for Ski Trip 8:30 AM Bible Study 9:30 AM Worship 10:30 AM Fellowship/Coffee Hour 10:45 AM Sunday School Fireside Bible Reading 2:00 PM Prayer Partner Tea 7:00 PM AA Meeting Al-Anon Meeting	19 President's Day Noon Newsletter Deadline	20 8:00 AM Men's Bible Study 10:00 AM Mommy's Group	21 9:30 AM Friendship Bible Study 5:30 - 6:45 PM Lenten Meal 6:15 PM Bell Choir 7:00 PM Lenten Worship 7:45 PM Choir 7:45 PM FLY	22 9:00 AM Quilting	23 9:00 AM Quilting	24
25 Second Sunday in Lent 8:30 AM Bible Study 9:30 AM Worship 10:30 AM Fellowship/Coffee Hour 10:45 AM Sunday School Fireside Bible Reading 4:00 - 6:00 PM Super Sunday Supper 7:00 PM AA Meeting Al-Anon Meeting	26	27 8:00 AM Men's Bible Study 10:00 AM Mommy's Group	28 9:30 AM Friendship Bible Study 5:30 - 6:45 PM Lenten Meal 6:15 PM Bell Choir 7:00 PM Lenten Worship 7:45 PM Choir 7:45 PM FLY	29		

First Lutheran Church
709 5th Ave.
P.O. Box 218
Washburn, ND 58577-0218

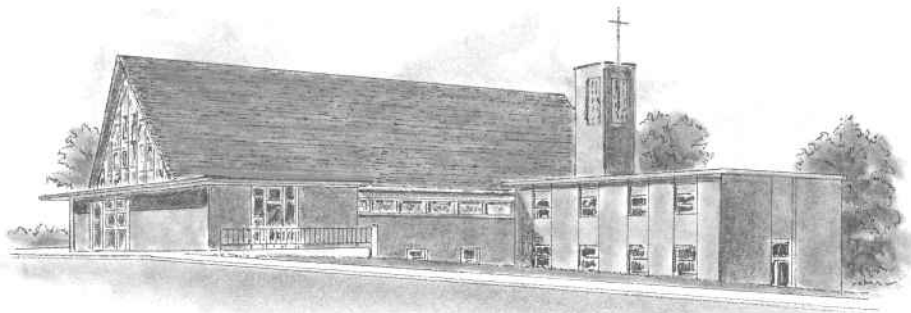
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*“Working hand in hand to
know Christ and make
Christ known through
Worship, Christian
Education, Evangelism,
Caring Ministries, and
Service.”*

February 2024 Newsletter



SUNDAY SCHEDULE

Bible Study - (Led by Cathy Sheldon) - 8:30 AM

Worship Service - 9:30 AM

Coffee/Fellowship Hour - 10:30 AM

Sunday School - 10:45 AM

Fireside Bible Reading -

(Led by Alexis Solomonson) - 10:45 AM

AA Meeting - 7:00 PM

Al-Anon Meeting - 7:00 PM