

Mark 6:45

Do not be afraid.

**July 28, 2024
Tenth Sunday after Pentecost
9:30 AM Worship**

First Lutheran Church
709 5th Ave. – P.O. Box 218
Washburn, North Dakota 58577
www.flcwashburn.com
701-462-3775

PRELUDE AND BELLS

AS WE GATHER

(God's steadfast love has been exhibited to humanity repeatedly; To Noah and his family before the flood; To Moses at the Red Sea; To the disciples in the New Testament and more. Through Jesus we see the truest and deepest display of God's steadfast love. Welcome to God's House today!)

WELCOME

(put prayer requests on yellow cards)

HYMN LBW #377

"Lift High the Cross"

Lift High the Cross

377

Refrain

Lift high the cross, the love of Christ pro-claim Till

all the world a - dore his sa - cred name.

1 Come, Chris - tians, fol - low where our cap - tain trod,
 2 Led on their way by this tri - um - phant sign,
 3 All new - born sol - diers of the Cru - ci - fied
 4 O Lord, once lift - ed on the glo - rious tree,

Refrain

Our king vic - to - rious, Christ, the Son of God.
 The hosts of God in con - quering ranks com - bine.
 Bear on their brows the seal of him who died.
 As thou hast prom - ised, draw us all to thee.

5 So shall our song of triumph ever be:
 Praise to the Crucified for victory! *Refrain*

CONFESSION AND FORGIVENESSp. 56

P: In the name of the Father, and of the ☩ Son, and of the Holy Spirit.

C: Amen

P: If we say we have no sin, we deceive ourselves, and the truth is not in us. But if we confess our sins, God who is faithful and just will forgive our sins and cleanse us from all unrighteousness.

Silence for reflection and self-examination.

P: Most merciful God,

C: we confess that we are in bondage to sin and cannot free ourselves. We have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. For the sake of your Son, Jesus Christ, have mercy on us. Forgive us, renew us, and lead us, so that we may delight in your will and walk in your ways to the glory of your holy name. Amen

P: Almighty God, in his mercy, has given his Son to die for us and, for his sake, forgives us all our sins. As a called and ordained minister of the Church of Christ, and by his authority, I therefore declare to you the entire forgiveness of all your sins, in the name of the Father, and of the ☩ Son, and of the Holy Spirit.

C: Amen

L: The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.

C: And also with you.

PRAYER OF THE DAY

L: Let us pray.

C: Almighty God, pour out upon us your Holy Spirit that we might will, think, and do that which is pleasing to you and live in holy obedience to your gracious will; through Jesus Christ, our Lord, who lives and reigns with you and the Holy Spirit, one God now and forever. Amen.

FIRST READINGGenesis 9:8-17

(God's steadfast love is on display as Noah is delivered from the flood and lands on dry ground. Noah offers his thanks and God puts a rainbow in the sky as a sign that he will never again destroy the earth by the waters of a flood.)

⁸God said to Noah and to his sons with him, ⁹"Behold, I establish my covenant with you and your offspring after you, ¹⁰and with every living creature that is with you, the birds, the livestock, and every beast of the earth with you, as many as came out of the ark; it is for every beast of the earth. ¹¹I establish my covenant with you, that never again shall all flesh be cut off by the waters of the flood, and never again shall there be a flood to destroy the earth." ¹²And God said, "This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: ¹³I have set my bow in the cloud, and it shall be a sign of the covenant between me and the earth. ¹⁴When I bring clouds over the earth and the bow is seen in the clouds, ¹⁵I will remember my covenant that is between me and you and every living creature of all flesh. And the waters shall never again become a flood to destroy all flesh. ¹⁶When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth." ¹⁷God said to Noah, "This is the sign of the covenant that I have established between me and all flesh that is on the earth."

PSALM (Read responsively)Psalm 136:1-9

(The psalmist praises God for his wondrous works: creating the heavens, making the stars and sun, the moon and everything that exists. All of these wonders demonstrate God's steadfast and eternal love.)

¹Give thanks to the Lord, for he is good, for his steadfast love endures forever.

²Give thanks to the God of gods, for his steadfast love endures forever.

³Give thanks to the Lord of lords, for his steadfast love endures forever;

⁴to him who alone does great wonders, for his steadfast love endures forever;

⁵to him who by understanding made the heavens, for his steadfast love endures forever;

⁶to him who spread out the earth above the waters, for his steadfast love endures forever;

⁷to him who made the great lights, for his steadfast love endures forever;

⁸the sun to rule over the day, for his steadfast love endures forever;

⁹the moon and stars to rule over the night, for his steadfast love endures forever.

SECOND READING Ephesians 3:14-21
(St. Paul prays for the Christians in Ephesus that they would be strengthened in the Spirit so that they would be grounded ever more deeply in the love of Christ.)

¹⁴For this reason I bow my knees before the Father, ¹⁵from whom every family in heaven and on earth is named, ¹⁶that according to the riches of his glory he may grant you to be strengthened with power through his Spirit in your inner being, ¹⁷so that Christ may dwell in your hearts through faith — that you, being rooted and grounded in love, ¹⁸may have strength to comprehend with all the saints what is the breadth and length and height and depth, ¹⁹and to know the love of Christ that surpasses knowledge, that you may be filled with all the fullness of God. ²⁰Now to him who is able to do far more abundantly than all that we ask or think, according to the power at work within us, ²¹to him be glory in the church and in Christ Jesus throughout all generations, forever and ever. Amen.

CHILDREN'S MESSAGE

ALLELUIA



Al - le - lu - ia. Lord, to whom shall we go? You have the words of e - ter - nal life. Al - le - lu - ia. Al - le - lu - ia.

P: The Holy Gospel according to St. Mark, the 6th chapter.



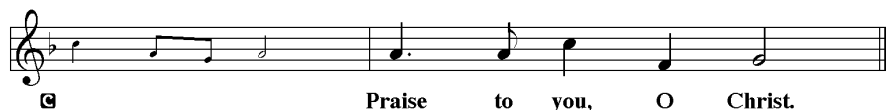
Glo - ry to you, O Lord.

GOSPEL READINGMark 6:45-56
(The power and compassion of Jesus are on display as He miraculously comes to his disciples and calms the storm that had engulfed them. Christ shows his steadfast love to us as he carries us through life's storms as well.)

⁴⁵Immediately {Jesus} made his disciples get into the boat and go before him to the other side, to Bethsaida, while he dismissed the crowd. ⁴⁶And after he had taken leave of them, he went up on the mountain to pray. ⁴⁷And when evening came, the boat was out on the sea, and he was alone on the land. ⁴⁸And he saw that they were making headway painfully, for the wind was against them. And about the fourth watch of the night he came to them, walking on the sea. He meant to pass by them, ⁴⁹but when they saw him walking on the sea they thought it was a ghost, and cried out, ⁵⁰for they all saw him and were terrified. But immediately he spoke to them and said, "Take heart; it is I. Do not be afraid." ⁵¹And he got into the boat with them, and the wind ceased. And they were utterly astounded, ⁵²for they did not understand about the loaves, but their hearts were hardened. ⁵³When they had crossed over, they came to land at Gennesaret and moored to the shore. ⁵⁴And when they got out of the boat, the people immediately recognized him ⁵⁵and ran about the whole region and began to bring the sick people on their beds to wherever they heard he was. ⁵⁶And wherever he came, in villages, cities, or

countryside, they laid the sick in the marketplaces and implored him that they might touch even the fringe of his garment. And as many as touched it were made well.

P: The Gospel of the Lord.



SERMON Pastor Paul Krueger
“God’s Word to You in the Storm” – Mark 6:45-56

APOSTLES’ CREEDp. 65

I believe in God the Father almighty, creator of heaven and earth. I believe in Jesus Christ, his only Son our Lord. He was conceived by the power of the Holy Spirit, and born of the virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen

**HYMN LBW #345
“How Sweet the Name of Jesus Sounds”**

How Sweet the Name of Jesus Sounds

345

1 How sweet the name of Je - sus sounds In
 2 It makes the wound - ed spir - it whole And
 3 Dear name! The rock on which I build, My
 4 By thee my prayers ac - cep - tance gain Al -

a be - liev - er's ear! It soothes our sor - rows,
 calms the heart's un - rest; 'Tis man - na to the
 shield and hid - ing place; My nev - er - fail - ing
 though with sin de - filed. The dev - il charg - es

heals our wounds, And drives a - way all fear.
 hun - gry soul And to the wea - ry, rest.
 trea - sury, filled With bound - less stores of grace.
 me in vain, And I am owned a child.

5 O Jesus, shepherd, guardian, friend,
 My Prophet, Priest, and King,
 My Lord, my life, my way, my end,
 Accept the praise I bring.

6 How weak the effort of my heart,
 How cold my warmest thought;
 But when I see thee as thou art,
 I'll praise thee as I ought.

7 Till then I would thy love proclaim
 With every fleeting breath;
 And may the music of thy name
 Refresh my soul in death!

OFFERINGS ARE RECEIVED

OFFERTORY



Let the vine - yards be fruit - ful, Lord, and fill to the brim our
cup of bless - ing. Gath - er a har - vest from the
seeds that were sown, that we may be fed with the bread of life.
Gath - er the hopes and the dreams of all; u - nite them with the
prayers we of - fer now. Grace our ta - ble with your
pres - ence, and give us a fore - taste of the feast to come.

OFFERTORY PRAYER

P: Merciful Father,

C: we offer with joy and thanksgiving what you have first given us—ourselves, our time, and our possessions, signs of your gracious love. Receive them for the sake of him who offered himself for us, Jesus Christ our Lord. Amen

THE CELEBRATION OF HOLY COMMUNION

P: In the night in which he was betrayed, our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying: Take and eat; this is my body, given for you.

Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying: This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin.

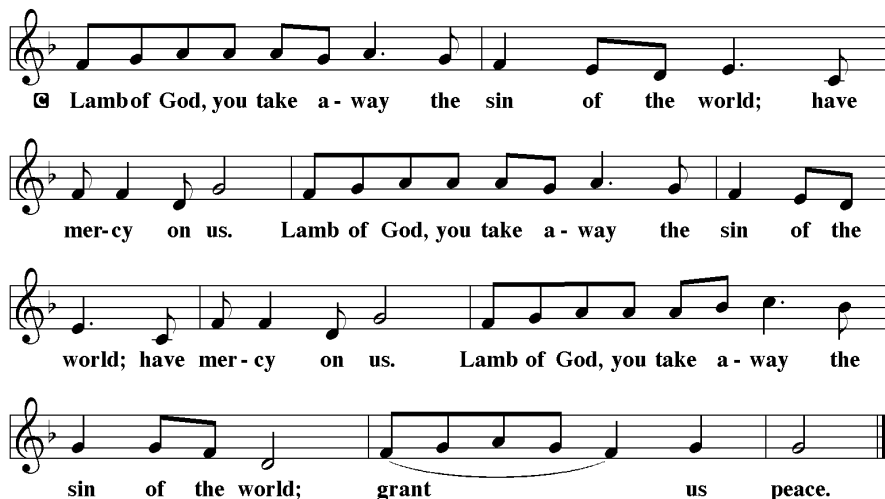
Do this for the remembrance of me.

COMMUNION DISTRIBUTION

(2 Aisle Floor Stations)

HYMNS DURING COMMUNION:

Lamb of God – p. 72



☐ Lamb of God, you take a - way the sin of the world; have
mer-cy on us. Lamb of God, you take a - way the sin of the
world; have mer - cy on us. Lamb of God, you take a - way the
sin of the world; grant us peace.

LBW #333 – “Lord, Take My Hand and Lead Me”

LBW #327 – “Rock of Ages, Cleft for Me”

333

Lord, Take My Hand and Lead Me

1 Lord, take my hand and lead me Up - on life's way;
 2 Lord, when the tem - pest ra - ges, I need not fear;
 3 Lord, when the shad - ows length - en And night has come,

Di - rect, pro - tect, and feed me From day to day.
 For you, the Rock of A - ges, Are al - ways near.
 I know that you will strength - en My steps toward home,

With-out your grace and fa - vor I go a - stray;
 Close by your side a - bid - ing, I fear no foe,
 And noth - ing can im - pede me, O bless - ed Friend!

So take my hand, O Sav - ior, And lead the way.
 For when your hand is guid - ing, In peace I go.
 So, take my hand and lead me Un - to the end.

Rock of Ages, Cleft for Me

327

1 Rock of A - ges, cleft for me, Let me hide my - self in thee;
2 Not the la - bors of my hands Can ful - fill thy law's de - mands;
3 Noth - ing in my hand I bring; Sim - ply to thy cross I cling.
4 While I draw this fleet - ing breath, When mine eye - lids close in death,

Let the wa - ter and the blood, From thy riv - en side which flowed,
Could my zeal no res - pite know, Could my tears for - ev - er flow,
Na - ked, come to thee for dress; Help - less, look to thee for grace;
When I soar to worlds un - known, See thee on thy judg - ment throne,

Be of sin the dou - ble cure: Cleanse me from its guilt and pow'r.
All for sin could not a - tone; Thou must save, and thou a - lone.
Foul, I to the foun - tain fly; Wash me, Sav - ior, or I die.
Rock of A - ges, cleft for me, Let me hide my - self in thee.

Text: Augustus M. Toplady, 1740-1778
Tune: Thomas Hastings, 1784-1872

TOPLADY
77 77 77

P: The body and blood of our Lord Jesus Christ strengthen you
and keep you in his grace.

C: Amen

POST-COMMUNION CANTICLE



☩ Thank the Lord and sing his praise; tell ev-'ry-one what he has done.



Let all who seek the Lord re - joice and proud-ly bear his name.



He re - calls his prom - is - es and leads his peo - ple forth in joy with



shouts of thanks - giv - ing. Al - le - lu - ia. Al - le - lu - ia.

PRAYERS OF THE CHURCH

LORD'S PRAYER

Our Father, who art in heaven; hallowed be thy name, Thy kingdom come; thy will be done; on earth, as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory, for ever and ever. Amen

BENEDICTION

Psalm 32:10

L: The Lord bless you and keep you.

The Lord make His face shine on you and be gracious to you.

The Lord look upon you with favor and ✕ give you peace

Numbers 6:24–26

In the name of the Father, + Son, and Holy Spirit.

C: Amen.

HYMN **LBW #343**

“Guide Me Ever, Great Redeemer”

Guide Me Ever, Great Redeemer

343

1 Guide me ev - er, great Re-deem - er, Pil - grim through this
 2 O - pen now the crys - tal foun - tain Where the heal - ing
 3 When I tread the verge of Jor - dan, Bid my anx - ious

bar - ren land. I am weak, but you are might - y; Hold me
 wa - ters flow; Let the fire and cloud - y pil - lar Lead me
 fears sub - side; Death of death and hell's de - struc - tion, Land me

with your pow'r - ful hand. Bread of heav - en, bread of heav - en,
 all my jour - ney through. Strong de - liv - 'rer, strong de - liv - 'rer,
 safe on Ca - naan's side. Songs and prais - es, songs and prais - es,

Feed me now and ev - er - more, Feed me now and ev - er - more.
 Shield me with your might - y arm, Shield me with your might - y arm.
 I will raise for - ev - er - more, I will raise for - ev - er - more.

Our Mission

“Working hand in hand to know Christ and make Christ known through Worship, Christian Education, Evangelism, Fellowship, Caring Ministries, and Service.”

Welcome to all who have come to worship.

On one day Jesus fed a crowd with a few loaves and fish, then calmed both a storm and his disciples (John 6:1-21). He is also with you always – whatever your needs and cares. Welcome to worship.

Visitors

We welcome all visitors to First Lutheran today and ask that you sign our guest book in the narthex.

Nursery

The nursery, located beside the narthex, is available for use for any parent feeling the need to use it during worship services with their child.

Thank you for your giving

Sunday, July 21st

Attendance – 94

Online Viewing – 19

General Fund & Plate Giving - \$2,589.00

Altar Flowers

Altar flowers today are from Paul & Susann Krueger in honor of their 5th anniversary which was yesterday.

Hearing Assist

First Lutheran has hearing assist systems to be used during the worship services. If you feel you could benefit from this or want to try it, please see the ushers in the narthex.

Holy Communion

All are welcome to receive the Lord's Body and Blood who are baptized in the name of the Father and of the Son and of the Holy Spirit and believe that Jesus Christ, crucified and risen, is truly present in, with and under the forms of bread and wine for the forgiveness of sins, life and salvation. Receive the bread into your open, flat palm. Ask if you wish to receive grape juice or a gluten free wafer. Alert an usher if you, or someone you know, needs communion served in the pew.

Pastoral Care

Please call Pastor Paul (701-240-4712) or the church office (701-462-3775) if you or a loved one are in the hospital or know you will be going to the hospital. The church does not get informed of your stay by any of the hospitals even if you are registered under our congregation's name. We want to make sure you get pastoral care. Thank you!

This week we pray for:

This Week's New Prayer Requests:

Prayers of Christian Sympathy:

Long Term prayer requests:

Members: Alton Krebsbach, Howard Johnson, Karen Goehring

* The person in parenthesis is who the person is related to or friends of. Please feel free to ask these individuals how best you can pray for their family/friend.

This month we pray for:

Members: Sande Wagner, Arlene Schwarz, Steve Reynolds (Brad & Cathy Sheldon)

Friends & Family: Clara Olson (Sharon Chrest)

This Quarter we pray for:

Members and Nonmembers: Corrine Kerzmann (Donna Gunderson), Marion Narum (Peggy Moran), Ty Brown (Jody & Nicole Brown), Alice Richard, Jackie Olson

Military Prayer and Card List

We pray for the Men & Women in our Military who protect our country, especially those assigned to serve overseas or away from home.

- **Members of First Lutheran on Active Duty in the Military and the National Guard:**
SGT Bryce Rost – Army National Guard
SPC Olivia Retterath – National Guard - Deployed
SPC Cassidy Sommer – National Guard
SGT Jonathan Melvard – Army National Guard
- **Friends and Family on Active Duty in the Military and in the National Guard:**
SGT Dustin Enockson – National Guard
Emily Johnson – Air Force
Bryar Anderson – Marines
1SGT Jordan Ternes – Army National Guard
Tech. SGT Andre Austin – Air Force
Hunter Feigum – National Guard
Morris Duffy – Medical Air Guard
Adam Walsvik – National Guard

Notice of Prayer List Policy

We have a monthly /quarterly prayer list cycle. When you add someone to our prayer list the request will remain on our monthly list for four weeks and then be removed. If you would like to have the request moved to our quarterly list, please contact the office and the request will be added to our “This Quarter we pray for:” list for the next three months. Please help us keep our prayer list current by communicating updates to the office at 701-462-3775. Thank you all for your faithful prayers for all of God’s people.

Large Print Bulletins

We have large print bulletins for those wanting or needing larger print. Ask the ushers for one.

Bowls and Pans

There are a lot of bowls and pans in the kitchen from food brought for funerals, etc. Please stop and check to see if any belong to you and take them home.

Jean Sunday

Today is Jean Sunday. If you wore jeans to church today, consider donating \$1 or more to FLY to help with expenses for activities throughout the year. Even if you didn't wear jeans, you are still welcome to donate. A jean's can is on the bulletin table for your donation.

Vacation Bible School

First Lutheran Church Vacation Bible School, "The Great Jungle Journey, An Epic Cruise from Genesis to Revelation", is this Tuesday thru Thursday, July 30, 31 and August 1 from 10:00 am – 5:00 pm. Lunch will be provided. If you have questions or comments, please call or text Kellie Sheldon at 701-840-8454 or Kacy Hardt at 701-351-0742.

2nd Annual FLC Carnival

Make sure you mark your calendars for Sunday, August 4th from 4-7 pm. That marks our 2nd Annual FLC Carnival with outdoor games, bouncy houses and wonderful food plus other games, fun and wonderful food! There are a few surprises up the committees sleeves too! More will be released as plans are finalized. They are still looking for a few volunteers to help run a few of the activities. If you are feeling the need or compelled to do so, talk to Kacy Hardt.

Deborah Bible Study

Deborah Bible Study, please leave your baked items for the carnival cake walk in the Sunday School room closest to the back door. Have them wrapped and on a paper plate. Any questions please call Donna at 315-0275.

Altar Flower Signup Sheet

A signup sheet for altar flowers through September 29th is on the table in the narthex. Signup for that Sunday you want before it is taken. You furnish the flowers and make sure they get to the church.

Connections Magazine

The July/August issue of *Connections* is in the magazine racks in the narthex. Pick up a copy today to read updates on LCMC, NALC and other interesting articles.

Our Daily Bread and Portals of Prayer

The June/July/August issue of *Our Daily Bread* and the July - September 2024 issue of *Portals of Prayer* are in the magazine racks in the narthex. Pick up a copy to use with your daily devotions.

THIS WEEK AT FIRST LUTHERAN

TODAY	9:30 AM	Worship w/Holy Communion
	10:30 AM	Fellowship/Coffee Hour
	10:45 PM	Fireside Bible Study
	7:00 PM	AA Meeting
		Al-Anon Meeting
TUES. – Thurs.		
	10:00 AM – 5:00 PM	Vacation Bible School
WED.	7:00 PM	FLY
SUN.		
	9:30 AM	Worship w/Holy Communion
	10:30 AM	Fellowship/Coffee Hour
	10:45 AM	Fireside Bible Study
	4:00 – 7:00 PM	FLC Carnival
	7:00 PM	AA Meeting
		Al-Anon Meeting

Listening for the Promise

WEEKLY DEVOTIONAL

Tenth Sunday after Pentecost (Proper 12) – July 28, 2024

“¹³I have set my bow in the cloud, and it shall be a sign of the covenant between me and the earth. ¹⁴When I bring clouds over the earth and the bow is seen in the clouds, ¹⁵I will remember my covenant that is between me and you and every living creature of all flesh. And the waters shall never again become a flood to destroy all flesh.”

–Genesis 9:13–15–

In September 2019 much of the Great Plains experienced terrible flooding. At the time I was serving two congregations in South Dakota. The smaller of the two is a country church, located six miles south of the town in which I lived and where I served the larger congregation. Our Savior’s Lutheran (a church building made from river rock) is located right along the Jim River. That year, some of the dams had broken, and we were told that the river level would rise to the point of flooding. People from all over the community gathered down by the little stone church to sandbag and create a levee in the hopes of keeping the flood waters from completely flooding the building and causing damage.

My three kids (ages 7, 5, and 1 at the time) and I went down to the stone church to see what was taking place. We witnessed neighbors and friends working together, putting their talents and gifts to great use. I felt a bit like the people of Noah’s time, in disbelief that the river waters could actually reach all the way up to the church building. But as I walked around and saw neighbors scurrying, working quickly and diligently in the short amount of time they had before the waters would begin to leave the riverbank, it hit me. This was going to happen. The engineers knew what they were talking about. And we didn’t have much time to protect and shield the little church from devastation.

As I was driving home from what I’d just witnessed, I felt a lot of emotions rush over me. That church is where my five-year-old daughter took her first steps at a council meeting one evening. I had presided over weddings, funerals, and countless worship services. I could feel the tears welling in my eyes, much like the waters of the Jim River. And then I heard my five-year-old speak up with excitement! “Look, Mommy! Look at all the colors!” she exclaimed with such amazement. I looked out the passenger window, and there it was: a bright and brilliant rainbow. I pulled off on a little gravel road to snap a quick picture, and then the tears spilled over—not out of fear of what might happen to the little church; rather, they were tears of gratitude. God had reminded us of his promise that he had made to Noah and his seven family members centuries ago. Regardless of what might happen to the little church building, God would always be with us. It took a five-year-old girl to proclaim God’s promise to me and remind me of his goodness, mercy, and unfailing love. May we all be reminded of this precious covenant we have with our heavenly Father.