

September 8, 2024
Sixteenth Sunday after Pentecost
9:30 AM Worship

First Lutheran Church 709 5<sup>th</sup> Ave. – P.O. Box 218 Washburn, North Dakota 58577 www.flcwashburn.com 701-462-3775

#### PRELUDE AND BELLS

#### AS WE GATHER

(Dwelling in God's holy Word builds a shield around our lives and fortifies our heart so that we stay close to the Lord. Our worship today focuses upon staying connected to the Savior and growing strong in faith. Welcome to God's house today!)

## WELCOME (put prayer requests on yellow cards)

HYMN ...... LBW #522 "Come, Thou Almighty King"



CONFESSION AND FORGIVENESS ......p. 56

P: In the name of the Father, and of the ♣ Son, and of the Holy Spirit.

C: Amen

P: If we say we have no sin, we deceive ourselves, and the truth is not in us. But if we confess our sins, God who is faithful and just will forgive our sins and cleanse us from all unrighteousness.

Silence for reflection and self-examination.

P: Most merciful God,

C: we confess that we are in bondage to sin and cannot free ourselves. We have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. For the sake of your Son, Jesus Christ, have mercy on us. Forgive us, renew us, and lead us, so that we may delight in your will and walk in your ways to the glory of your holy name. Amen

P: Almighty God, in his mercy, has given his Son to die for us and, for his sake, forgives us all our sins. As a called and ordained minister of the Church of Christ, and by his authority, I therefore declare to you the entire forgiveness of all your sins, in the name of the Father, and of the ♣ Son, and of the Holy Spirit.

C: Amen

L: The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.

C: And also with you.

#### PRAYER OF THE DAY

L: Let us pray.

C: Eternal and everlasting God, keep us diligent in our faithfulness that we might not fall into practicing hollow rituals and traditions but always worship you and you alone in purity and holiness; through our own life's journey; through Jesus Christ, our Lord, who lives and reigns with you and the Holy Spirit, one God now and forever. Amen.

FIRST READING ....... Deuteronomy 4:1-2, 6-9 (Moses instructed the Israelites to listen and learn the statutes of the Lord. By keeping them they would become wise. The same is true for us today.)

<sup>1</sup>{Moses said,} "Now, O Israel, listen to the statutes and the rules that I am teaching you, and do them, that you may live, and go in and take possession of the land that the Lord, the God of your fathers, is giving you. 2You shall not add to the word that I command you, nor take from it, that you may keep the commandments of the Lord your God that I command you. <sup>6</sup>Keep them and do them, for that will be your wisdom and your understanding in the sight of the peoples, who, when they hear all these statutes, will say, 'Surely this great nation is a wise and understanding people.' <sup>7</sup>For what great nation is there that has a god so near to it as the Lord our God is to us, whenever we call upon him? 8And what great nation is there, that has statutes and rules so righteous as all this law that I set before you today? <sup>9</sup>Only take care, and keep your soul diligently, lest you forget the things that your eyes have seen, and lest they depart from your heart all the days of your life. Make them known to your children and your children's children ...".

PSALM (Read responsively) ......Psalm 119:129-136 (The Word of the Lord gives light, wisdom, and understanding to those who seek it and are obedient to it.)

<sup>&</sup>lt;sup>129</sup>Your testimonies are wonderful; therefore my soul keeps them.

<sup>&</sup>lt;sup>130</sup>The unfolding of your words gives light; it imparts understanding to the simple.

<sup>131</sup>I open my mouth and pant, because I long for your commandments.

<sup>132</sup>Turn to me and be gracious to me, as is your way with those who love your name.

<sup>133</sup>Keep steady my steps according to your promise, and let no iniquity get dominion over me.

<sup>134</sup>Redeem me from man's oppression, that I may keep your precepts.

<sup>135</sup>Make your face shine upon your servant, and teach me your statutes.

<sup>136</sup>My eyes shed streams of tears, because people do not keep your law.

<sup>10</sup>Finally, be strong in the Lord and in the strength of his might. <sup>11</sup>Put on the whole armor of God, that you may be able to stand against the schemes of the devil. <sup>12</sup>For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places. 13Therefore take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm. 14Stand therefore, having fastened on the belt of truth, and having put on the breastplate of righteousness, <sup>15</sup>and, as shoes for your feet, having put on the readiness given by the gospel of peace. <sup>16</sup>In all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one; <sup>17</sup>and take the helmet of salvation, and the sword of the Spirit, which is the word of God, <sup>18</sup>praying at all times in the Spirit, with all prayer and supplication. To that end, keep alert with all perseverance, making supplication for all the saints, <sup>19</sup>and also for me, that words may be given to me in opening my mouth boldly to proclaim the mystery of the gospel, <sup>20</sup> for which I am an ambassador in chains, that I may declare it boldly, as I ought to speak.

#### CHILDREN'S MESSAGE

#### BLESSING OF THE BACKPACKS

#### VBS STUDENTS SING

## **INSTALLATION OF SUNDAY SCHOOL TEACHERS & SUBS**

#### **ALLELUIA**



P: The Holy Gospel according to St. Mark, the 7<sup>th</sup> chapter.



<sup>14</sup>{Jesus} called the people to him again and said to them, "Hear me, all of you, and understand: <sup>15</sup>There is nothing outside a person that by going into him can defile him, but the things that come out of a person are what defile him." <sup>17</sup>And when he had entered the house and left the people, his disciples asked him about the parable. <sup>18</sup>And he said to them, "Then are you also without understanding? Do you not see that whatever goes into a person from outside cannot defile him, <sup>19</sup>since it enters not his heart but his stomach, and is expelled?" (Thus he declared all foods clean.) <sup>20</sup>And he said, "What comes out of a person is what defiles him. <sup>21</sup>For from within, out of the heart of man, come evil thoughts, sexual immorality, theft,

murder, adultery, <sup>22</sup>coveting, wickedness, deceit, sensuality, envy, slander, pride, foolishness. <sup>23</sup>All these evil things come from within, and they defile a person."

## P: The Gospel of the Lord.



SERMON ...... Pastor Paul Krueger "Be Strong in the Lord" – Ephesians 6:10-20

HYMN ...... LBW #439

"What a Friend We Have in Jesus"

## PRAYER What a Friend We Have in Jesus 439 All 1 What a friend we have in Je - sus, our sins and griefs to 2 Have we tri - als and temp-ta - tions? Is there trou-ble an - y - where? 3 Are we weak and heav - y - lad - en, Cum-bered with a load of 'ry-thing to God in priv - i - lege to car - ry Ev -We should nev - er be dis - cour-aged— Take it to the Lord in prayer. Pre-cious Sav-ior, still our ref - uge Take it the Lord in Oh, what peace we of -ten for - feit; Oh, what need-less pain we bear-Who will all our sor - rows share? find a friend so faith - ful Do your friends de-spise, for - sake you? Take to the Lord in prayer. it

be-cause we do not car - ry

Je - sus knows our ev - 'ry weak-ness— Take

his arms he'll take and shield you; You

Ev - 'ry-thing to God in prayer!

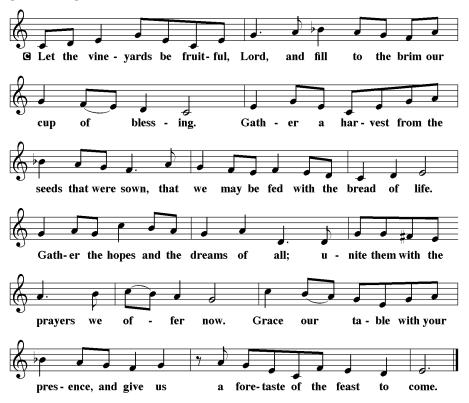
the Lord in prayer.

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#### OFFERINGS ARE RECEIVED

#### **OFFERTORY**



#### OFFERTORY PRAYER

P: Merciful Father,

C: we offer with joy and thanksgiving what you have first given us—ourselves, our time, and our possessions, signs of your gracious love. Receive them for the sake of him who offered himself for us, Jesus Christ our Lord. Amen

## THE CELEBRATION OF HOLY COMMUNION

P: In the night in which he was betrayed, our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying: Take and eat; this is my body, given for you.

Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying: This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin.

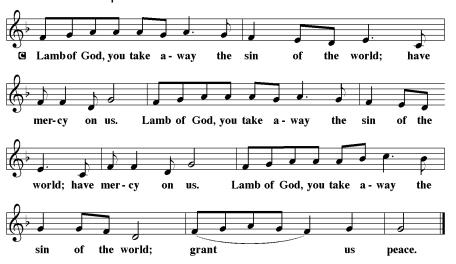
Do this for the remembrance of me.

# COMMUNION DISTRIBUTION (2 Aisle Floor Stations)

#### VBS SLIDE SHOW BEGINNING OF COMMUNION

### HYMNS DURING COMMUNION:

Lamb of God – p. 72



LBW #518 – "Beautiful Savior" LBW #479 – "My Faith Looks Up to Thee"



#### My Faith Looks Up to Thee 479 Lamb of faith thee, Thou va - ry, looks up Strength faint - ing heart, May thy rich grace im - part to my While life's tread And griefs a - round me spread, dark maze I death's cold, - len stream When ends life's tran - sient dream, When sul all Sav - ior di - vine! Now hear me while I pray, Take my died Oh, My in - spire; As thou hast for me, may my zeal thou my guide; Bid dark - ness turn to day, Wipe sor - row's Blest Say - ior, then. love Fear and dis -Shall o'er me roll; thine! Oh. from this day Be whol - ly guilt a - way, let me love to thee Pure, warm, and change - less be, A liv ing fire! ev - er stray From side. tears a - way, Nor let me thee a

P: The body and blood of our Lord Jesus Christ strengthen you and keep you in his grace.

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soul!

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664 6664

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a-bove. A

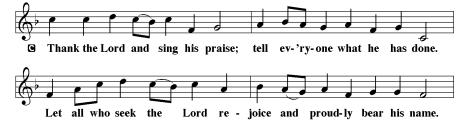
## C: Amen

## POST-COMMUNION CANTICLE

re-move;

trust

Text: Ray Palmer, 1808-1887 Tune: Lowell Mason, 1792-1872 Oh,





### PRAYERS OF THE CHURCH

#### LORD'S PRAYER

Our Father, who art in heaven; hallowed be thy name, Thy kingdom come; thy will be done; on earth, as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For Thine is the kingdom, and the power, and the glory, for ever and ever. Amen

BENEDICTION Psalm 32:10

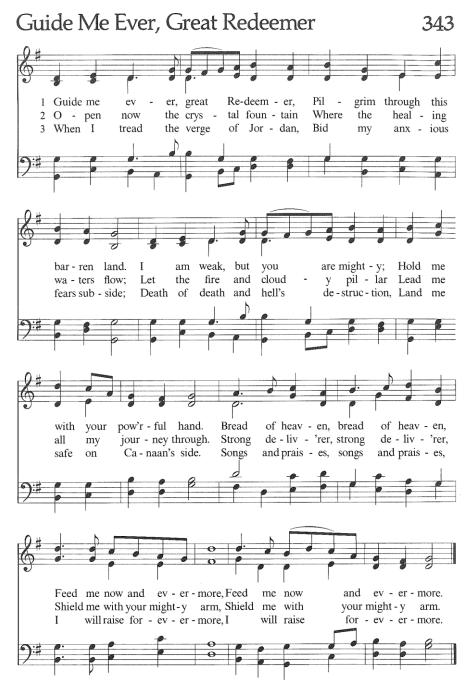
L: The Lord bless you and keep you.

The Lord make His face shine on you and be gracious to you.

In the name of the Father, + Son, and Holy Spirit.

C: Amen.

"Guide Me Ever, Great Redeemer"



## **ANNOUNCEMENTS**

**DISMISSAL** 

P: Go in peace. Serve the Lord! C: Thanks be to God!

**POSTLUDE** 

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<u>loday's worship Leaders &amp;</u>	<u>k volunteers – Thank You!</u>
PASTOR	Pastor Paul Krueger
USHERS/GREETERS	Luke & Emily Retterath
READER	Deb Wisdom
COMMUNION ASSISTANTS	Deb Wisdom, Sarah Kadrmas
	Margaret Rasmussen
ORGANIST	LeAnn Richard
VIRTUAL SERVICE	Dwight Rasmussen
ALTAR GUILD	Sonja Bergstedt & Carla Bickert
FELLOWSHIP/COFFEE HOUR.	fLY
SERVICE GROUP COORDINAT	FORS Emily Retterath
	Suzy Jacobson, Beth Knutson

## First Lutheran Church 709 5<sup>th</sup> Ave. - PO BOX 218 Washburn ND 58577 701-462-3775

PASTOR: Paul Krueger email: <a href="mailto:revpaulkrueger@gmail.com">revpaulkrueger@gmail.com</a>

Cell phone: 701-240-4712

ADMINISTRATIVE SECRETARY: Jeannette Rost

Church Office: 701-462-3775

Email: <u>flc@westriv.com</u> Website: <u>www.flcwashburn.com</u>

COORDINATOR OF STUDENT MINISTRIES: Melissa Rothe

Email: fly@westriv.com

OFFICE HOURS: T-T-F 9:00 am - 12:30 pm, 1:30 - 3:30

W - 9:00 am - 12:30 pm

ORGANISTS: Theresa Petersen and LeAnn Richard

CHOIR DIRECTOR: Randy Hall

BELL CHOIR DIRECTOR: Gwen Hall

**CUSTODIAN: Jeff Schmidt** 

#### **Our Mission**

"Working hand in hand to know Christ and make Christ known through Worship, Christian Education, Evangelism, Fellowship, Caring Ministries, and Service."

## Welcome to all who have come to worship.

What a glorious day as we return to a full program schedule! Welcome back to worship, Christian education and fellowship today!

### **Visitors**

We welcome all visitors to First Lutheran today and ask that you sign our guest book in the narthex.

## Nursery

The nursery, located beside the narthex, is available for use for any parent feeling the need to use it during worship services with their child.

## Thank you for your giving

Sunday, September 1<sup>st</sup>
Attendance – 100
Online Viewing – 26
General Fund & Plate Giving - \$7,783.00

## **Hearing Assist**

First Lutheran has hearing assist systems to be used during the worship services. If you feel you could benefit from this or want to try it, please see the ushers in the narthex.

## **Holy Communion**

All are welcome to receive the Lord's Body and Blood who are baptized in the name of the Father and of the Son and of the Holy Spirit and believe that Jesus Christ, crucified and risen, is truly present in, with and under the forms of bread and wine for the forgiveness of sins, life and salvation. Receive the bread into your open, flat palm. Ask if you wish to receive grape juice or a gluten free wafer. Alert an usher if you, or someone you know, needs communion served in the pew.

#### **Pastoral Care**

Please call Pastor Paul (701-240-4712) or the church office (701-462-3775) if you or a loved one are in the hospital or know you will be going to the hospital. The church does not get informed of your stay by any of the hospitals even if you are registered under our congregation's name. We want to make sure you get pastoral care. Thank you!

## This week we pray for:

This Week's New Prayer Requests: Randy Hall

**Prayers of Christian Sympathy:** 

## Long Term prayer requests:

Members: Alton Krebsbach, Howard Johnson, Karen Goehring

<sup>\*</sup> The person in parenthesis is who the person is related to or friends of. Please feel free to ask these individuals how best you can pray for their family/friend.

## This month we pray for:

Members: Helen Samuelson, Sande Wagner, Arlene Schwarz

Friends & Family: Komal Petersen (Brent & Theresa Petersen), Clara Olson (Sharon Chrest), Steve Reynolds (Brad & Cathy Sheldon)

## This Quarter we pray for:

**Members and Nonmembers:** Corrine Kerzmann (Donna Gunderson), Marion Narum (Peggy Moran), Ty Brown (Jody & Nicole Brown), Alice Richard, Jackie Olson

## Military Prayer and Card List

We pray for the Men & Women in our Military who protect our country, especially those assigned to serve overseas or away from home.

 Members of First Lutheran on Active Duty in the Military and the National Guard:

SGT Bryce Rost - Army National Guard

SPC Olivia Retterath - National Guard - Deployed

SPC Cassidy Sommer - National Guard

SGT Jonathan Melvard - Army National Guard

 Friends and Family on Active Duty in the Military and in the National Guard:

SGT Dustin Enockson - National Guard

Emily Johnson – Air Force

Bryar Anderson – Marines

1SGT Jordan Ternes – Army National Guard

Tech. SGT Andre Austin – Air Force

Hunter Feigum - National Guard

Morris Duffy – Medical Air Guard

Adam Walsvik - National Guard

SGT Tom Heidelberger – Army

2LT Tony Heidelberger - Air Force

### Notice of Prayer List Policy

We have a monthly /quarterly prayer list cycle. When you add someone to our prayer list the request will remain on our monthly list for four weeks and then be removed. If you would like to have the request moved to our quarterly list, please contact the office and the request will be added to our "This Quarter we pray for:" list for the next three months. Please help us keep our prayer list current by communicating updates to the office at 701-462-3775. Thank you all for your faithful prayers for all of God's people.

## **Large Print Bulletins**

We have large print bulletins for those wanting or needing larger print. Ask the ushers for one.

## Rally Sunday

Today is Rally Sunday. During the worship service we will have Sunday School teachers and subs installation, blessing of backpacks, VBS students will sing and a VBS video will be played at the beginning of communion. Sunday School will begin at 10:45 am in the sanctuary.

## Sunday School Teachers and Subs

The following Sunday School teachers and subs will be installed during the worship service today:

Preschool: Haylie Bentz & Brooke Knutson

Kindergarten: Julie Bentz, Chloe Erber, & Kylee Fiedler

First grade: Mandi Wimer & Bekka Bentz

Second grade: Sarah Ternes & Kellie Sheldon

Third grade: Patty Winn & Gracie Omlid

Fourth grade: Sadie Lauf

Fifth & Sixth grade: Sarah Kadrmas

Music: Jada Vetter & Sadie Lauf

Subs:

Kesia Boeshans
Stacy Boeshans
Kacy Hardt
Samantha Swanson
Pamela Vetter
Kristi Wachendorf
Kathy Wuolu

## **Rally Sunday Breakfast**

Join us after worship today for a Rally Sunday Breakfast served by our youth. They will be serving egg bake, muffins, coffee and juice. Freewill offering.

#### Church Council

Church council will meet on Monday, September 9<sup>th</sup>, at 6:30 pm.

#### Confirmation

Confirmation begins this Wednesday, September 11<sup>th</sup>, with a meal from 5:30 – 6:15 pm. Class begins at 6:15 pm.

## **Sunday Morning 8:30 AM Bible Study**

Bible study led by Cathy Sheldon on Sunday mornings at 8:30 am will begin next Sunday, September 15<sup>th</sup>. Study will be "A Life God Rewards" by Bruce Wilkinson w/David Kopp. Study guides are \$8.00 each and can be picked up in the church office from Jeannette. More information on the study can be found in the August & September newsletter.

## **Confirmation Meal Signup Sheet**

We are looking for volunteers to make and serve a meal on Wednesday nights for our confirmation students and volunteers. A signup sheet is in the narthex on the big poster board. Thank you to those who have already signed up.

## Altar Flower Signup Sheet

A signup sheet for altar flowers through December 29<sup>th</sup> is on the table in the narthex. Signup for the Sunday you want before it is taken. You furnish the flowers and make sure they get to the church.

## **Connections Magazine**

The September/October issue of *Connections* is in the magazine racks in the narthex. Pick up a copy today to read updates on LCMC, NALC and other interesting articles.

## Our Daily Bread and Portals of Prayer

The September/October/November issue of *Our Daily Bread* and the July - September 2024 issue of *Portals of Prayer* are in the magazine racks in the narthex. Pick up a copy to use with your daily devotions.

THIS WEEK AT FIRST LUTHERAN		
TODAY		Grandparents Day
	9:30 AM	Worship w/Holy Communion
		Sunday School Teacher and Subs
		Installation
	10:30 AM	Blessing of Backpacks
	10:30 AM 10:45 PM	Rally Sunday Breakfast Sunday School
	10.431 101	Fireside Bible Study
	7:00 PM	AA Meeting
	7.001 101	Al-Anon Meeting
		7 ii 7 ii 10 i
MON.	10:00 AM	Chat & Sew Quilting
	6:30 PM	Church Council Meeting
TUES.	10:00 AM	Mommy's Group
WED. 5:30–6:15 PM Confirmation Meal		
WED. 5:30		Confirmation Meal Confirmation
	6:15 PM 7:00 PM	
	7:00 PM 7:45 PM	
	7:45 PM	
	7.431 101	Ollon
SUN.	8:30 AM	Bible Study
	9:30 AM	Worship
	10:30 AM	·
	10:45 AM	Sunday School
		Fireside Bible Study
	7:00 PM	AA Meeting
		Al-Anon Meeting

## Listening for the Promise

#### WEEKLY DEVOTIONAL

#### Fifteenth Sunday after Pentecost (Proper 17) - September 1, 2024

"Take up the shield of faith, with which you can extinguish all the flaming darts of the evil one; and take the helmet of salvation, and the sword of the Spirit, which is the word of God, praying at all times in the Spirit ..."

-Ephesians 6:16-18a-

#### **Testimony and Transformation**

Julius Caesar first declared that January 1 be celebrated as New Year's Day in the year 46 B.C. However, in my house—even though Julius and I share a birthday—"new year" always begins in September. It's illogical, what with leaves turning and sunlight shortening, but culture-wide we spend a lot of autumn energy pressing the reset button: back to school, election day, and the annual full-court press into the holidays.

For Christians, all these new beginnings can be the season for good intentions, especially for public witness to our faith. "This year," we say, "we want our light to shine so that others see Jesus in us." The courageous among us may even think boldly, "We want our words to sound so that others hear God's word through us." Would that it were so.

Sadly, too many times we position ourselves and open our mouths, and all the world sees and hears is what's inside us: self-righteousness, arrogance, and condescension. Our attempts to speak and act for God — at school, in the voting booth, and even in our holiday celebrations — are sounding brass and tinkling cymbals, absolutely at odds with God's word.

Will we ever get it right? No, not this side of our resurrection. But that doesn't mean we shouldn't keep beginning again. Praying at all times in the Spirit and meditating on the written and incarnate Word of God shape us from the inside out, as God's word enlightens our way and informs our understanding. Jesus tells us that it is not so much the darkness outside that we should fear, for against that we have the shield of faith. Instead, we should be wary of the darkness within, lest we further defile ourselves and dishonor our Lord in public witness.

The psalmist said, "Your testimonies are wonderful; therefore my soul keeps them" (Psalm 119:129) — not perfectly, but in the strength of God's might. We stand firm not in our righteousness but in the Lord's alone. God is glorified when his word becomes our word and people see his character in us.